

# Central Cabarrus Marching Band *Student and Parent Handbook*



*Never underestimate the power of expectation!*

**Director of Bands: Joshua Adams**  
**Assistant Director of Bands: Tim Patrick**

# 2023-2024

## **THE CENTRAL CABARRUS MARCHING BAND HANDBOOK**

The **Central Cabarrus Marching Band Handbook** contains information relating to marching band activities, band rules, scheduling, and important release forms/information forms, which you are to complete and return. Please complete the forms and return them, along with your child's **\$500.00 band fee** by May 18<sup>th</sup>, 2023. If you are unable to provide payment in-full prior to this date, we would be more than willing to set up a payment plan option for your family.

### **WHAT TO DO**

1. Please read the entire handbook with your student(s).
2. Encourage your student(s) to practice the fundamentals taught at Mini Camp.
3. Complete the forms and return them to the Director by May 18<sup>th</sup>, 2023.
4. Please mark all dates on your calendar and **free all dates**. Attendance is **mandatory**.
5. Please volunteer to work for the Central Cabarrus Band Boosters. The band really needs your talents, ideas, and energy! We strive to be the greatest program that we can be, but we cannot do it without your help!
6. Please remember that all rehearsals and all performances are mandatory. We try to limit the amount of time that your son/daughter is required to attend while also working very hard to make the most out of the time that we are given to rehearse.
7. If you should have any questions, please contact Mr. Adams at (704) 920-7160 or via email at [joshua.adams@cabarrus.k12.nc.us](mailto:joshua.adams@cabarrus.k12.nc.us).
8. Payment plan arrangements can be made through the payment schedule and payment coupons.

### **SUMMER REHEARSALS**

Summer rehearsals begin the week of July 3<sup>rd</sup>, 2023. Summer rehearsals occur on Mondays, Wednesdays, and Thursdays in one four-hour segment. Color guard, percussion, and winds will meet from 4:00-8:00 pm. Summer rehearsals will be spent learning marching basics, physical conditioning, and music rehearsals. Students should wear a white t-shirt, gym shorts (color optional), and tennis shoes with socks. Please do not wear flip-flops or sandals.

Summer rehearsals are not required. We hesitate to say that they are “optional.” We encourage students and families to take the summer to participate in any opportunities that are given to them – attend summer camp, teach Vacation Bible School, visit family, go on vacation, etc. If a student is obligated to another activity over the summer, we encourage them to go to that activity. However, if a student is in town, and is otherwise not preoccupied, they should be at summer rehearsal. Vacations are good. Having fun is good. However, if the choice is between watching Disney+ and eating potato chips, or going to summer rehearsal, the student should choose summer rehearsal. Your time will be well-spent – guaranteed.

### **ATTENDANCE FOR BAND MEMBERS**

**All marching band activities are on the calendar accessible through the band website ([centralvikingbands.com](http://centralvikingbands.com)). All notable changes will be communicated as quickly as possible.**

Members are expected to be at every rehearsal and performance of the Central Cabarrus Band. In general, cases of illness (with a valid doctor's note), death in the family, or extreme family emergency are the only excuses that will be accepted for missing a rehearsal or performance. Conflicts with work, other extra-curricular activities, church, middle-of-the-year vacations, or other activities (including routine dental and doctor visits) will generally be considered as unexcused absences. Members must talk with Mr. Adams at least two days prior to rehearsal for an absence to be considered excused given the definitions above.

Under most circumstances, an absence from a performance without prior approval will result in dismissal from the organization with no refund of fees paid. A parent-teacher conference will be requested for any student who accumulates more than two absences from a rehearsal.

Late arrivals and early dismissals may only be cleared **in advance with Mr. Adams only!** Corrective measures will be taken against members who arrive late to rehearsals. Members will not be excused to leave after halftime performances at football games except in the event of illness or family emergency. Any student who leaves any event or rehearsal without proper dismissal will receive an unexcused absence. Two late arrivals will constitute an unexcused absence.

**Three unexcused absences will constitute a dismissal from the program.**

Each member should arrive **early** for all announced events. Members should be in place, ready to go, before the call time, not *at* the call time.

**It is essential that we have complete student and parental cooperation in this matter. Any absence, regardless of reason, creates a hardship for everyone.**

### **PHYSICAL FITNESS AND INJURY**

All members of the Central Cabarrus Band Program will be put through regimented physical fitness routines. This program is intended to set students up for success while participating in this activity. They will be doing a variety of things to increase cardio endurance, strengthen core stability, and to gain strength. At no time are students permitted to “sit out” during these activities. The program that is set up is not out of reach for anyone! It is also expected that students perform physical fitness on their own time. The program that is created will not take a lot of time out of the student’s personal time or our rehearsals (30-45 minutes max). ***If you are against doing this, then there is no need to be a part of the marching band.***

If students are injured for whatever reason, particular care will be made to ensure further damage is not done. Exercises will be adapted, and possible work-to-rest ratios can be established to ensure that the student is taken care of. Legitimate medical conditions (with valid doctor’s note) will be dealt with on a case-by-case basis.

Students who “sit out” during a rehearsal due to not taking care of themselves prior to rehearsal (hydrating, eating properly, exercising, etc.) will be sent home and will be given a non-excused absence from rehearsal. The staff and director will be able to tell if it is an actual medical issue or a “too lazy” issue. If a student is sitting out of any portion of rehearsal due to a “too lazy” issue, it will be constituted an unexcused absence.

### **BAND CAMP**

Band Camp is held each year in mid/late July and lasts for two weeks. These weeks enable the band to start off the year as an impressive organization and a refined performance ensemble. During the two weeks of Band Camp, the band will learn everything pertaining to that year’s competition show. Specialists in each instrument classification are hired for the best possible instruction. These two weeks of intensive training are worth more than two months of after school rehearsals. Utilizing Band Camp allows the band to rehearse three days per week during the school year rather than every day and Saturday during the school year. **Everyone is required to attend both weeks of camp.** During the first week there will be time available for each new student to be instructed in all the basics and fine points of marching and playing. This provides the opportunity for the new player to become an integral part of the performance group and develop interpersonal relationships with other students.

Band Camp is a great deal of work but is fun as well. Please plan your vacation prior to the start of Band Camp. **Students must go to Camp in order to be in the field show.** The dates for this year's camp are July 17<sup>th</sup> - 21<sup>st</sup> and July 24<sup>th</sup> - 28<sup>th</sup>. All the dates are for everyone involved in the marching band. A typical schedule for the Camp held at CCHS would be as follows:

8:00 AM – 12:00 PM	Marching basics and outdoor drill rehearsal.
12:00 PM – 1:00 PM	Lunch break. <b>You must bring your lunch and eat on campus.</b>
1:00 PM – 4:00 PM	Music rehearsals.
4:00 PM – 5:00 PM	Dinner break. <b>Dinner provided by CCHS Band Boosters.</b>
5:00 PM – 5:30 PM	Sectional Breakouts (Marching basics, music rehearsals, etc.).
5:30 PM – 8:00 PM	Outdoor drill rehearsal.

**\*Please see the master schedule for specific times and sections involved\***

### **REGULAR REHEARSAL SCHEDULE**

During the school year, all members rehearse on Monday, Tuesday, and Thursday afternoons from 2:45 PM – 6:00 PM. There will also be some Saturday rehearsals scheduled. Friday rehearsals may be added in the event that the marching band has access to the football field when the football team is at an out-of-county away game. Rehearsals, like Band Camp, are **not optional**. No athletic team member could expect to participate having never attended a practice or camp session. Our philosophy is the same, but unlike athletic teams, the band has no “back-ups” or “second string players.” Absences are a detriment to the entire organization. Students who make a commitment to marching band should be in attendance at 100% of all rehearsals and Camps.

### **FOOTBALL GAMES**

The marching band will perform at all home football games. A pep band will be taken in-county away games. The dates will be on the calendar when they become available. Post-season dates are not available as they are dependent on regular season results. We should know something about post-season games in early November.

### **BAND COMPETITIONS**

The band will perform at marching band competitions and/or exhibitions every fall. Participation in these events benefits the band in many ways. It provides motivation to strive for excellence, it raises standards of quality of performance, and it builds esprit de corps. It also offers an opportunity to gauge the band's progress and to gain positive recognition for our students, our school, and our community. Finally, it provides a positive experience as a reward for hard work. All band competitions are open to the public. The competition schedule is as follows:

September 16<sup>th</sup> – Cabarrus Preview @ Mount Pleasant  
September 30<sup>th</sup> – Hickory Ridge Festival of Bands  
October 7<sup>th</sup> – Cox Mill Charger Cup  
October 14<sup>th</sup> – North Gaston Wildcat Invitational  
October 21<sup>st</sup> – Mooresville Blue Devil Classic

### **PARADES**

The Central Cabarrus Band will perform in the Concord Christmas Parade. The date is usually the Saturday before Thanksgiving but will be on the calendar when it becomes available.

## **PARTICIPATION IN OTHER EXTRA-CURRICULAR ACTIVITES**

Students who participate in the Central Cabarrus Band should be aware of the time commitment involved with such an ensemble. Conflicts arise when students attempt to take on multiple extra-curricular activities during one semester. It is best to limit the number of extra-curricular activities in which you participate in order to do them well. We will do our best to work around conflicts, however, the best way to avoid conflicts is to not take on more than you can handle. If you have any questions concerning this issue, please speak to Mr. Adams.

## **THE BAND FEE**

All students participating in the Marching Band will be required to pay a participation fee. The fee for all marching band members will be \$500.00. The marching band fee will be \$450.00 for any sibling after the first child. This fee will be put toward the cleaning of individual uniforms, band t-shirts, guard/band costumes and design, travel and transportation, music, drill, instruction, and other needs associated with the running of the Central Cabarrus High School Band Program. Student fees must pay for the components of our program as there are no budget allotments from Central Cabarrus High School or Cabarrus County Schools for the marching band program. Fees can be paid in one lump sum or in increments dictated by the payment schedule and payment coupons section of this handbook. Fees can be paid in cash, check (made out to Central Cabarrus Band Boosters), or through PayPal at [centralvikingbands.com](http://centralvikingbands.com) (all PayPal fees that are incurred are the responsibility of the individual utilizing PayPal to pay their dues; the Central Cabarrus Band will not pay those fees for you). In addition to the band fee, all students will be responsible for purchasing their own Under Armor (used underneath the marching band uniform), gloves, and marching shoes (gloves and shoes purchased through the band). Most students will use the same shoes and Under Armor all four years while gloves will need to be replaced yearly.

The \$200 NON-REFUNDABLE deposit is due May 18<sup>th</sup>, 2023. All fees must be paid in full by July 28<sup>th</sup>, 2023. If a student drops out prior to Band Camp, no refunds of money paid to that point will be given as we encumber these funds to order necessary materials. Students who drop out prior to Band Camp will still owe up to what fees were due prior to the point they dropped out. Requests to drop out must be submitted to Mr. Adams at [cbbanddirector@gmail.com](mailto:cbbanddirector@gmail.com). All delinquent fees will prohibit the student from performing with the Central Cabarrus Band until all incurred fees have been settled. If you require additional time, please contact the Band Director, Band Booster President, or Treasurer as soon as possible.

## **SHOES, SOCKS, GLOVES, and UNDER ARMOR for BAND UNIFORMS**

There are four pieces of the uniform that are not provided by the school and those are shoes, socks, gloves, and Under Armor style undergarments/shirts. The student will order their shoes and gloves through the Central Cabarrus Band. Returning marching band members may use their shoes from the previous season, but everyone (minus percussionists and color guard members) must order at least two pairs of gloves for performance use. Percussionists do not wear gloves, and color guard members will order different weightlifting style gloves. Each band member (minus color guard) is also required to purchase Under Armor style undergarments and shirt to wear under the uniform. Under Armor is made of spandex and serves as the undergarment for the uniform. Under Armor prevents unnecessary sweat damage to the uniforms and also helps to keep the students cool in the summer and warm in the winter. Students should purchase at least one Under Armor undergarment and shirt. Black is the preferred color. Do not purchase Under Armor of any other color. Under Armor are not for purchase through the Central Cabarrus Band. Under Armor and other generic versions can be found at Wal-Mart, Target, and any sports equipment store. Color guard members will purchase specifically prescribed body tights as the undergarments for their uniform.

## **BAND UNIFORM RESPONSIBILITIES**

The band uniforms are very expensive and require appropriate care. You will be assigned a specific uniform at the beginning of the year, and it is your responsibility to return that same uniform at the end of every performance in good condition. Failure to do so will result in a damage or replacement charge for the ENTIRE uniform. The purchase of black marching shoes, black socks (these should be full length – not the lower athletic style), Under Armor garments, and additional pairs of gloves will be the responsibility of the student. Guard shoes and appropriate accessories as assigned for auxiliary wear are also the student's responsibility. All color guard uniforms, and band uniforms will be sent together to the dry cleaners when deemed necessary by the Director. The cost of cleaning uniforms is included in the marching band fee.

### **Wearing the Uniform**

Your band uniform should be worn with pride. This means every band member wear all uniform parts appropriately at all times. All buttons are to be buttoned, jackets zipped, all collars worn in the manner designed, and shakos worn flat on the top of the head. No jewelry, including rings, watches, necklaces, earrings or other facial piercings are ever allowed while wearing the uniform. When the Director deems appropriate, members will be allowed to remove shakos, and sometimes the jacket. This decision will be made by the Director, not by students or parents.

### **When wearing the uniform, the following guidelines should be adhered to:**

1. The Under Armor style spandex shirt, undergarments, and black socks must be worn under the band uniform. If a student fails to wear these items under the uniform, under no circumstances will he or she be allowed to remove any part of the uniform. Long sleeve Under Armor spandex style shirts are permitted, and encouraged, in colder weather.
2. Socks must be black, not white, or any other color. Exceptions will apply to color guard, depending on their uniform needs. Socks should be long (calf-length), and not short athletic socks.
3. All hair that is below the jawline must be concealed in the shako so that it does not fall out or come down. Pin it up, and/or spray it. Ladies, take heed to this rule! Expensive hairstyles are ruined when the shako goes on. It's a band uniform, so the uniformity component is the key! Don't ask for exceptions or allowances to this rule. Hair styles for all guard members will be as uniform as possible, and the specific style will be determined by the color guard instructors.
4. No student will be permitted in the uniform room. Uniforms remain at the school and must be checked out from a parent and checked back in at the conclusion of the event. Under no circumstances should the uniform ever be wadded up and thrown around. All uniforms must be properly hung on the hangers and returned to the uniform room before any student will be allowed to leave.
5. Label all shoes, gloves, t-shirts, and any other items with your name using a permanent marker. DO NOT mark on the uniform or any other of the uniform accessories. Remember, love your fellow band members, but don't trust them to remember what theirs is and what yours is. Lost or stolen items are not the responsibility of the Director.
6. Marching band uniforms for the first several football games will be a modified "Class B" uniform. This will include the Central Cabarrus Bands 2023 field show shirt, brown khaki shorts, white socks, and tennis shoes (preferably a solid, dark color).
7. Woodwind players should cut off the entire tip of the glove to help cover the keys of the instrument.
8. No eating or drinking (with the exception of water) is permitted while in uniform unless deemed otherwise by the Director. This decision will be made by the Director and not students or parents.

9. Central Cabarrus Band members will display the highest degree of class while in the uniform. We will conduct ourselves as young ladies and gentlemen **NO MATTER WHAT THE OTHER BANDS OR THEIR FANS MAY DO!** While in uniform you are clearly identified as belonging to our group, so you bring the entire group shame when you act inappropriately. As a general rule, remember that there will be no profanity, rude language or gestures, displays of affection, displays of poor attitude, or use or possession of alcohol, tobacco products, or controlled substances.

### **TRAVEL INFORMATION**

All band students are expected to travel with the entire band unless otherwise specified by the Director. Every student is expected to ride with the band from Central Cabarrus to any performance. On certain occasions, students may travel from the event with a parent. Other special arrangements will be limited and will require written permission from a parent or guardian on an official form. Students may travel with **PARENTS/GUARDIANS ONLY!** No student will be permitted to travel with brothers, sisters, other family members, neighbors, etc. This is for accountability concerns, and the policy will **NOT** be flexible. If parents are not physically present to drive their child, the student **MUST** return to the school with the band.

#### **When Traveling in Large Groups:**

1. Students will be assigned to buses by the Director or parent chaperones. This decision is made in the best interest of the program, so please do not ask to change your bus.
2. Students will be dismissed as a group to board the buses.
3. Students should keep the noise level to a minimum on the bus and should keep all body parts and other objects inside the bus at all times. Students will remain seated in the seat during the trip. This means that you must **SIT** in the chair, not turn around on your knees facing the opposite direction. This request is for your own safety.
4. Chaperones will be treated with the utmost respect at all times. Chaperones are instructed to report any absences and/or behavior problems to the Director. Remember, chaperones donate their time to benefit our organization, and they will be treated with respect at all times!
5. All students must “sound off” for role call when boarding the bus and their names must be checked off the list when they re-board the bus after a performance.
6. No radios/phones/tablets, etc. without headphones will be permitted on the bus.
7. No student should get off the bus until he or she is told to do so.
8. After getting off the bus, student should get their instrument from the equipment line, return the cases, and then wait patiently and quietly for instructions to go to the warm-up area.
9. The possession of or consumption of alcoholic beverages and/or the use of tobacco products, illegal substances, or any other controlled substance are strictly prohibited. Use of these will constitute a referral to the school administration and may be turned over to local law enforcement for processing. In addition, use or possession of these substances will result in immediate dismissal from the Central Cabarrus High School Band program.

**PARENTS: PLEASE UNDERSTAND THAT IF YOUR CHILD IS FOUND TO HAVE POSSESSION OF THESE SUBSTANCES, OR TO HAVE CONSUMED THEM, THEY WILL BE IMMEDIATELY SENT HOME AT YOUR EXPENSE.**

### **INCLEMENT WEATHER POLICY – FOOTBALL GAMES**

The band will play for all home football games and select away games during the year. In the event of inclement weather, Mr. Adams will make the decision on what we will wear and if we will perform. Rain is a huge problem for marching bands. It damages the uniforms because of mud, can lead to personal injury while maneuvering on a

wet surface, damages flag silks and props, and causes damage to corks, pads, and other parts of personal instruments. Therefore, discretion will be used in determining whether or not it is in the band's best interest to perform for any function while it is raining. However, each band member should always assume that we will perform unless told otherwise. Listed below are procedures that we will follow in the event of inclement weather:

- **At Home Games:** We will make every effort to perform for pre-game. If weather is not permissible, we will wait in the band room until half time. If the rain has stopped, we will perform in shorts or jeans and the band polo. If the rain has not stopped by half time, the band will be dismissed and allowed to leave.
- **At Away Games:** The band will not travel if it is raining and it looks like it will continue to do so. A decision will be made from the band room before the scheduled call time. Students should check their emails or will receive text messages through Remind for updates to make sure that we are going or should arrive at the specified call time for a final decision. Do NOT assume that we are not going.
- **During a Game:** We will try to remain at the game if it is simply a light rain or drizzle. In the event of heavy rain, the band will immediately leave the stadium. Once inside the building, instruments and cases will be dried before storing them in the cases over the weekend. Uniforms will be draped over chairs and allowed to dry before they are put in bags and stored in the uniform room.

PLEASE NOTE: The band will NEVER perform if it is storming. Assuming the presence of threatening lightning or potentially dangerous weather, there will be nothing to perform for anyway. If lightning is present and threatening, the band will leave the stands IMMEDIATELY, and will assess the situation from the safety of the bus or the band room.

### **INCLEMENT WEATHER POLICY – CONTESTS**

We will make every effort to participate in a contest since it is a major fundraiser for the bands that host them. Sometimes, weather plays havoc. Just like Away Football games, we will not travel if it is raining and looks like it will not let up. We will travel if the contest that is being conducted is planning to go on and it looks like the weather will let up. Emails/Texts via Remind will be sent with information in the event this is an issue.

### **GENERAL CENTRAL CABARRUS BAND RULES & REGULATIONS**

1. Attendance at all rehearsals and performances are mandatory.
2. Excessive tardies or absences will cause you to lose your spot within the band without a refund.
3. If you are well enough to attend school, you are well enough to attend the rehearsal/game/competition.
4. Club meetings, detention, and after school jobs are not considered excused absences or tardies.
5. Should the need for an emergency absence occur, a parent must contact Mr. Adams at (704) 920-7160.
6. All band members are expected to give 100% effort during all rehearsals and performances.
7. All band members are to treat band instructional staff with respect at all times.
8. All band members are to treat the band booster parents with respect at all times.
9. Negative attitudes and abusive language from students or parents will not be tolerated.
10. Students are expected to take excellent care of their instruments and all band-owned equipment.
11. All students should arrive at least ten minutes before call time in order to be considered "on time."
12. Bring all materials to every rehearsal (notebook, dot books, music, pencil, water bottle, shoes).
13. Students may not drive off campus during rehearsals.
14. Respect for your peers is expected at all times.
15. All students will wear white t-shirts to every rehearsal.
16. No drinks on the field other than water.
17. No gum in rehearsals or in the band room.



18. Proper decorum is expected during all award ceremonies.
19. No whole band, section, or graduating class band chats without the inclusion of the Band Director and staff members.
20. All students will wear the Central Cabarrus Band uniform correctly and with pride.
21. We are a professional performing ensemble with extremely high standards. Get on board.

### **REQUIRED MATERIALS FOR CAMPS AND REHEARSALS**

1. Three-ring binder notebook with at least 3 dividers (warm-ups, show music, drill) and plenty of clear, plastic page protector sheets for your music and drill charts.
2. Water bottle (between 1 quart - 1 gallon sized) – students need a water bottle every day of band camp and every regular rehearsal.
3. Sunscreen, hat, and lip balm
4. Tennis shoes and socks (no flip flops in rehearsal)
5. White t-shirts for every rehearsal.
6. Pencil
7. A black hand-towel to put their instrument on when it is on the ground and for use during workouts.

### **OPERATING POLICIES AND PROCEDURES**

#### **Behavior Expectations**

Productive rehearsals are the backbone of a strong instrumental music program and must run efficiently to accomplish the goals of the program. These procedures ensure that this goal will be met. ***No student has the right to interfere with the music education of the rest of the band because he or she does not have the self-control to follow rehearsal procedures. Check your responsibility and your attitude carefully!***

### **CONDUCT IN THE BAND ROOM**

1. There will be absolutely no food, drinks, candy, or gum brought into the band room at any time unless authorized by the Director. Students should eat their lunches in the cafeteria, and refrain from bringing food to the band room. Do not get mad if you are asked to throw away food and/or drink. Water in small containers or bottles will be allowed.
2. Textbooks and other school-related materials from other classes are to be taken home at the end of the day. Books and materials left in the band room shall be removed at the end of the week. No backpacks, books, personal property, or cases will be allowed under your chair or in the rehearsal area.
3. Do not handle instruments or equipment that is not yours or allow another student to handle yours. Only percussionists are allowed to handle percussion equipment/instruments. Only color guard members are allowed to handle guard equipment. In short, if it is not yours, never touch it!
4. If you have not been assigned a school-owned instrument, do not take it upon yourself to grab one to use. They must be properly signed-out to you for your use. If you take an instrument that has not been properly assigned to you and something happens to it (i.e. lost, stolen, damaged) and you have been found to be the one to have taken the instrument, the matter will be turned over to the Student Resource Officer (SRO) for proper criminal charges to be filed for theft.
5. Students will be held financially accountable for damage to school-owned instruments or property, including uniforms, instruments, music, equipment, and any other item(s) that are the property of Central Cabarrus High School or the Central Cabarrus High School Band Booster Organization.

### **REHEARSALS IN THE BAND ROOM**

1. Required equipment: all music, a working pencil (NEVER A PEN!), at least three playable reeds (preferable ten in a daily rotation), necessary oils and greases used to keep your instrument in working order, and instruments in top playing condition to rehearsals. This also means instruments should be clean.
2. All talking and playing shall cease when the Director or appropriate staff member takes his place in front of the group. Students are asked to raise their hand to be recognized for talking. Talking in rehearsal WILL NOT be tolerated.
3. There will be no playing of instruments between pieces, or when the Director or staff member stops to rehearse the ensemble. When the Director or staff member stops conducting, everyone is expected to stop playing immediately and listen for instruction. All percussion sticks and mallets will remain still, and members will avoid distracting others by “air drumming” or playing on practice pads or other surfaces.
4. There shall be no talking when anyone is addressing the band, including guest conductors, other teachers, special guests, or any parent or volunteer. This is simple courtesy and will be extended to any person who uses his or her personal time to benefit our band.
5. At the conclusion of rehearsal, all band notebooks and equipment will be placed in the appropriately assigned area or will be taken home. NEVER LEAVE MUSIC ON THE MUSIC STAND! Stands should be lowered, straightened, and placed back on the storage racks.

**No student should ever feel that he or she has the right or ability to inappropriately talk back to the Director, a band staff member, a band parent, another teacher, administrator, school employee, or any adult. Requests are made of you for a good reason and are made of you for your common good. If you feel that you have been asked to do something unreasonable, DO NOT argue with the person who asked you to do it. Comply with the request immediately, then come talk to the Director and we will discuss the situation. You are students and you have not earned or been given the right to arbitrarily talk back to any adult associated with Central Cabarrus High School. Slouching, rolling eyes, failure to make eye contact, sucking at your teeth, or any other inappropriate gesture is considered rude and unacceptable! If this is a problem, then don't join band! Bad attitudes of any kind will not be tolerated, and will result in lowered grades, loss of performance and/or travel privileges, or removal from the band program.**

### **REHEARSALS OUTSIDE THE BAND ROOM**

1. All general rules of the band room apply to any rehearsal on the field, on the concert stage, at any competition venue, or at any other performance outside of the band room.
2. Members are expected to follow instructions the first time that they are given. All instructions are given for a good reason. Even if you do not understand the rationale behind the request, comply with it immediately. We will never ask you to do anything that isn't for your individual group benefit.
3. On the marching band field, members are expected to remain in their assigned set or other field position at “Parade Rest,” and remain quiet and ready to receive instruction. All rehearsals are considered to be “Silent Rehearsals,” meaning no student should be talking unless they have been acknowledged to do so through raising their hand or the Director or a staff member is talking to them.

### **SUPPLIES**

Students are to provide their own supplies and accessories (reeds, oil, slide grease, etc.). Supplies may be easily purchased at any of the area music dealers. Students are encouraged to always have extra supplies on hand, especially reed instrument players. The following list of supplies that players are expected to own, according to the instrument that is played:

1. All brass players should purchase valve oil (or slide oil), and tuning slide cream.
2. All players are encouraged to buy a step-up mouthpiece if you did not do so in middle school. Please see Mr. Adams for a list of appropriate mouthpieces. DO NOT allow any music store to offer you a mouthpiece without first talking to Mr. Adams to see if it is appropriate. Just because it is shiny and new does not necessarily mean that you are getting your money's worth, or that is the perfect match for you!
3. Clarinets and saxophone players are required to purchase either Vandoren or D'Addario reeds. Other reed brands should be approved by Mr. Adams before use. Please consult Mr. Adams about appropriate thickness of reed. A higher reed thickness number is not always the best for everyone! **DO NOT BUY PLASTIC REEDS!**
4. All single reed players are required to have a Rovner ligature. Other ligatures must be approved by Mr. Adams before use.
5. Percussionists are generally provided mallets and sticks for marching band purposes. If a percussionist is negligent and destroys mallets or sticks through being careless or malicious, they will be required to purchase the replacement for the sticks/mallets that were destroyed.

### **SCHOOL-OWNED EQUIPMENT**

1. No person except the person to whom it is assigned (unless instructed by the Director) should play or handle school-owned instruments. Percussion instruments are to be played only by percussionists.
2. Some school-owned instruments may be issued without a mouthpiece. Students will be expected to supply his or her own mouthpiece. All students are strongly encouraged to buy personal step-up mouthpieces. See Mr. Adams for a list of quality mouthpieces.
3. All guard and percussion players are expected to treat school-owned property with respect and care. Any misuse of the provided equipment will result in the parent and student facing a replacement or repair charge.

### **MUSIC LIBRARY POLICIES**

1. Only the Director, drum major(s), or librarians may have access to filed or boxed music at any time.
2. Please inform your section leader of your need for music BEFORE or AFTER rehearsal or class. A 24-hour notice would be appreciated. The section leader will then get with the music librarians to get the necessary copies.
3. If you fail to receive a particular piece when the music is distributed, it is your responsibility to inform your section leader of this, who will get with the librarian immediately.
4. Music notebooks must be removed from the stands at the end of each class/rehearsal. DO NOT leave music on the stand and expect it to be there when you return.
5. Failure to own your own personal copy for at-home practice will result in grade deductions. Bottom line: keep up with your music at all times!
6. Notes or changes on music should be made when necessary using a soft lead pencil – NEVER A PEN!

### **PERSONAL RESPONSIBILITY**

Students must be able to pass off their music and have their dot books completed in a timely manner. All students will be required to do a variety of playing assessments. Memorization of the tunes should be done by the follow timeline:

- Movement 1 – Prior to Band Camp
- Movement 2 – By the End of Band Camp
- Movements 3-4 – By the End of August

Memorization of the tunes will be tested and assessed.

All music and dot books will be to standard and checked on a regular basis. Music must have drill and body movements/counts written in. Dot books must be maintained with all required information (music chunks, body movements, etc.).

Any infraction or disrespect to any part of the organization will result in disciplinary action up to immediate removal from the organization without any refund of fees. You will still be responsible for any fees that you owe up to the point which you were removed.

**“We are only as strong as our weakest member!”**

### **MARCHING BAND STUDENT LEADERSHIP**

The band does have student leadership that will be selected to help in a variety of functions within the band.

**Drum Major:** The drum major will be the direct link between all band students, the adult staff, and the Director as well as the booster club. The drum major will call and preside over meetings of the other student leaders as needed. The drum major is the primary leader of the marching band second only to the Director and any other adult staff. The drum major will also be the field conductor of the marching band ensemble.

**The Leadership Team:** The student leaders will handle matters of administration, teach marching sectionals, maintain the practice field and the classroom, and ensure seeing that band policies are carried out. The student leaders will also be responsible for attendance, equipment inventory, loading of equipment for all trips and maintaining all school-owned instruments and equipment. They are also responsible for ensuring that the members of their sections are successful, meaning they may be tasked to teach a variety of content, do remedial work with their sections, etc. There may be more than one student leader in each section or none at all.

### **GENERAL INFORMATION**

#### **FUNDRAISING**

Every year, the Central Cabarrus Band program will conduct multiple fundraising events. These fundraisers can aid in the payment of your student’s band fees, the costs of trips, or any other expense your student may incur. Money earned will go towards the daily expenses of the group such as: music, instruction, and transportation costs. Some of these fundraising activities may include working at the UNC Charlotte concession stands, yard sales, chili cook offs, and more! All students are expected to participate in every fundraising effort. Student accounts will be set up for each band member, with specific percentages of fundraising money going toward these student accounts.

#### **PAYMENT SCHEDULE and PAYMENT COUPONS**

This form secures your spot in this ensemble. By signing this, the student and the parents/guardians of the student are obligating themselves to this ensemble for the upcoming season. This form is important because we have to get our show designers personnel number very soon for drill, music, etc. Please read it carefully. ***\*Please complete this form by May 18<sup>th</sup>, 2023\****

#### **MEDICAL INFORMATION FORMS**

All students are required to have a health form properly completed and signed by parents and/or guardians before they will be allowed to participate in band activities. On every trip the band takes, the health forms are taken along in the event of a medical emergency. Chaperones also assist the student with personal medical and hygiene problems, as well as the administration of prescribed medication from the student’s doctor. They are also available

to disperse other medications that would be used for minor medical ailments. Accurate and current information are very important, so please complete these forms as accurately as possible. ***\*Please complete this form by May 18<sup>th</sup>, 2023\****

### **STUDENT PERMISSION AND RELEASE FORM**

A student permission and release forms are located on the back of the student medical form. Please read carefully and sign in all areas requested. ***\*Please complete this form by May 18<sup>th</sup>, 2023\****

### **SCHEDULE ACKNOWLEDGEMENT FORM**

Once you and your child have read the entire rehearsal and performance schedule, there is a form where you still acknowledge that you have read the schedule, understand the policies for attendance, and that your child will abide by the schedule for the 2023 marching season. The student is also required to sign the schedule acknowledgement form. This form is not to be taken lightly. Our ability to function as a performing ensemble depends on the attendance of every member at every rehearsal and performance event. We do not have back-ups or substitute players like a sports team.

## MASTER SCHEDULE 2023

Please mark all of these dates on your calendar. All rehearsal and performance dates are mandatory.

### SUMMER SCHEDULE

May 15-18	Mini Camp @ CCHS	5:00 PM – 8:00 PM
<b>May 18</b>	<b>Commitment Forms/1<sup>st</sup> Payment (Non-Refundable) Due</b>	<b>All Day</b>
June 5	Band Booster Meeting	6:30 PM – 7:30 PM
<b>June 9</b>	<b>2<sup>nd</sup> Payment Due</b>	<b>All Day</b>
July 3	Summer Rehearsal @ CCHS (not required)	4:00 PM – 8:00 PM
July 5	Summer Rehearsal @ CCHS (not required)	4:00 PM – 8:00 PM
July 6	Summer Rehearsal @ CCHS (not required)	4:00 PM – 8:00 PM
July 10	Summer Rehearsal @ CCHS (not required)	4:00 PM – 8:00 PM
July 12	Summer Rehearsal @ CCHS (not required)	4:00 PM – 8:00 PM
July 13	Summer Rehearsal @ CCHS (not required)	4:00 PM – 8:00 PM
July 14-15	Band Camp Preparation Days	11:00 AM – 4:00 PM
July 17-28	Full Marching Band Camp <u>for all band members</u>	8:00 AM – 8:00 PM*
July 17	Band Booster Meeting ( <u>required for all parents</u> )	6:30 PM – 7:30 PM
<b>July 28</b>	<b>3<sup>rd</sup> Payment Due</b>	<b>All Day</b>

*\*During the weeks of Band Camp, students must bring their lunch\**

### REHEARSAL & PERFORMANCE SCHEDULE

July 31	Regular Weekly Rehearsals Begin (Every MTR)	2:45 PM – 6:00 PM
August 7	Band Booster Meeting	6:30 PM – 7:30 PM
<b>August 10</b>	<b>First Day of School</b>	<b>All Day</b>
<i>September 1</i>	<i>Home Football v. Mount Pleasant</i>	<i>5:00 PM Call Time</i>
September 2	Saturday Rehearsal @ CCHS	8:00 AM – 12:00 PM
September 4	Labor Day	No Rehearsals
<i>September 8</i>	<i>Home Football v. Jay M. Robinson</i>	<i>5:00 PM Call Time</i>
September 11	Band Booster Meeting	6:30 PM – 7:30 PM
September 16	Cabarrus County Band Preview @ MPHS	All Day
<i>September 22</i>	<i>Away Football v. Concord</i>	<i>Call Time TBD</i>
September 23	Saturday Rehearsal @ CCHS	8:00 AM – 12:00 PM
September 25	Yom Kippur	No Rehearsals
September 30	Hickory Ridge Festival of Bands (Hickory Ridge High School)	All Day
October 2	Band Booster Meeting	6:30 PM – 7:30 PM
<i>October 6</i>	<i>Home Football v. East Rowan</i>	<i>5:00 PM Call Time</i>
October 7	Cox Mill Charger Cup (Cox Mill High School)	All Day
October 9	Columbus Day	No Rehearsals
October 14	North Gaston Wildcat Invitational	All Day
<i>October 20</i>	<i>Home Football v. Carson</i>	<i>5:00 PM Call Time</i>
October 21	Mooresville Blue Devil Classic (Mooresville High School)	All Day
<i>October 27</i>	<i>Home Football v. Northwest</i>	<i>5:00 PM Call Time</i>
November 2023	Potential Football Games & Concord Christmas Parade	

**EMERGENCY MEDICAL INFORMATION & PERMISSION FORM 2023-2024**

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(Student's Last Name) (First Name) (Middle Name)

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(Grade) (Birth date) (Instrument or Section)

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(Student's Home Address) (City, Zip Code) (Home Phone) (Email address)

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(Father/Guardian Name) (Place of Business/Work) (Work Phone) (Email address)

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(Mother/Guardian Name) (Place of Business/Work) (Work Phone) (Email address)

**IN CASE OF ILLNESS OR EMERGENCY, THE FOLLOWING PERSON MAY BE CONTACTED IF THE PARENTS/GUARDIANS CANNOT BE LOCATED:**

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(Name of Friend/Neighbor) (Phone Number) (Relationship to Student)

List any Medications that your son/daughter will need to take: \_\_\_\_\_

List any health problems regarding your son/daughter that we need to be aware of: \_\_\_\_\_

Is your son/daughter under any medical treatment presently \_\_\_ yes \_\_\_ no. If yes, please list reason: \_\_\_\_\_

I, \_\_\_\_\_, the parent/guardian of \_\_\_\_\_,

have insurance coverage, which will accept responsibility should an accident or health problem arise.

Insurance Information (Company): \_\_\_\_\_ Policy #: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Policy #: \_\_\_\_\_

**RELEASE FORM**

I understand that there will be adequate adult supervision on all outings involving the Central Cabarrus High School Band. In the event that my child suffers any illness or accident requiring emergency medical aid, I hereby authorize Mr. Adams, or his designee, to acquire any necessary medical treatment for my child, understanding that Mr. Adams, or his designee, will contact me at the earliest possible moment. I also give permission for my child to travel with the band. By signing, I attest that I will not hold Mr. Adams, Central Cabarrus High School, Cabarrus County Schools, or any Chaperones responsible for any accidents.

**This signature will serve as my acknowledgement of my understanding of the information listed above and will allow Mr. Adams, or his designee, to seek medical assistance for my child should a time for such assistance ever occur.**

**Parent Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Central Cabarrus High School Band Permission for Field Trips 2023-2024**

Date: May 18<sup>th</sup>, 2023

Dear Parents/Guardians:

In order for your son/daughter to be allowed to participate in off-campus activities, we must have the following agreement signed by a parent/guardian giving permission. This permission form is blanket permission for the entire 2023-2024 school year.

Sincerely,  
Joshua Adams  
Director of Bands  
Central Cabarrus High School

Destination: All Football Games (home and away), Competitions, and Parades

Mode of Travel: Activity Bus or Chartered Bus

This is to certify that I/we the parent/parents/guardian of (name of student) \_\_\_\_\_ do hereby grant permission for him/her to attend all football games (home and away), all competitions, and all parades and understand that CCS, CCHS and Central Cabarrus High School Band rules and policies apply.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**Central Cabarrus Band Attendance and Schedule Acknowledgment Form 2023-2024**

We, the parent(s)/guardian of (name of student) \_\_\_\_\_ have carefully reviewed the Central Cabarrus Band Attendance Policy and the Central Cabarrus Band Schedule for 2023-2024. We have marked our personal calendar and we have cleared all rehearsal and performance dates with our child's employer or faculty advisors for additional activities. We have no date conflicts.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**Central Cabarrus Band Member Pledge 2023-2024**

As a member of the Central Cabarrus Band, I understand that is a privilege that requires commitment and carries with it responsibilities. I have read and understand the expectations for all Central Cabarrus Band Members. As a member of this ensemble, I understand that I personally contribute to the overall success of the ensemble. As such, I will abide by the following terms of this contract:

- I will behave in a way that will bring respect to me, my teachers, my instructors and my school.
- I will not use foul language or inappropriate gestures, or bully other students.
- I will learn and follow the disciplinary components required of a strong and meaningful musical performance.
- I will learn and apply all technique as it pertains to musical performance, marching, and ensemble effect.
- I will never use the band program as an excuse for not completing an assignment for another class.
- I will behave in a respectful manner in all of my classes, both music related, and non-music related.
- I will always give 100% to every rehearsal, run-through, and performance and demonstrate esprit de corps at all times.
- I will listen to and respect the decisions of all administrators, teachers, instructors, and adjudicators regardless of whether I understand the reason for the decision being made. I further understand that all decisions made are done so with the best interest of the band program in mind.

Signature of CCHS Band Member: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_



**2023 Marching Band Payment Schedule and Payment Coupons**

In order to prevent holes on the field and also to ascertain a correct headcount at an early date, the Central Cabarrus Band has a payment schedule for band fees which will begin with a non-refundable commitment deposit of \$200.00. Security is the primary reason for this process. We must prevent drop out, and ensure that the Band Boosters will have enough money in their checking account to cover purchase of any music (halftime show or pep tunes), drill, visual book, etc. The payment deadline dates are as follows:

**Friday, May 18<sup>th</sup>, 2023**

**1<sup>st</sup> Payment of \$200.00 is due (non-refundable).**

**Friday, June 9<sup>th</sup>, 2023**

**2<sup>nd</sup> Payment of \$150.00 is due.**

**Friday, July 28<sup>th</sup>, 2023**

**3<sup>rd</sup> Payment of \$150.00 is due. \$100.00 for those that qualify for the multiple child discount (oldest child \$500.00; additional children \$450.00 per child).**

**Season Cancellation Clause:** Should the competitive marching band season be cancelled for any reason, any fees paid will be eligible for a refund **or may be carried over for the following marching band season.**

Each cash or check payment should be accompanied by its corresponding payment coupon. Please fill out all information on the coupon every time you make a cash or check payment. If you choose to pay your child's band fee in one lump sum on the first payment date, please write this on your payment coupon. Credit card payments can also be made, via PayPal, on the band website (centralvikingbands.com). Additional payment arrangements can be made with Mr. Adams, if necessary. If you have questions, please contact Mr. Adams at [joshua.adams@cabarrus.k12.nc.us](mailto:joshua.adams@cabarrus.k12.nc.us).

**Marching Band Payment Coupons**

**(use if turning money in or using credit from student account)**

**3<sup>rd</sup> Payment (Due Friday, July 28<sup>th</sup>, 2023)**

Student Name: \_\_\_\_\_ Payment Amount: **\$150.00/\$100.00 (see above)**

Student Instrument: \_\_\_\_\_ Circle Grade Level: **9<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup> 12<sup>th</sup>**

Student Signature: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

Payment Type (please circle): **Check Cash Credit from Student Account**

**2<sup>nd</sup> Payment (Due Friday, June 9<sup>th</sup>, 2023)**

Student Name: \_\_\_\_\_ Payment Amount: **\$150.00**

Student Instrument: \_\_\_\_\_ Circle Grade Level: **9<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup> 12<sup>th</sup>**

Student Signature: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

Payment Type (please circle): **Check Cash Credit from Student Account**

**Non-Refundable Commitment Deposit/1<sup>st</sup> Payment (Due Thursday, May 18<sup>th</sup>, 2023)**

Student Name: \_\_\_\_\_ Payment Amount: **\$200.00**

Student Instrument: \_\_\_\_\_ Circle Grade Level: **9<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup> 12<sup>th</sup>**

Student Signature: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

Payment Type (please circle): **Check Cash Credit from Student Account**